



Court St. Anthony #330

Council Bluffs, Iowa

Autumn 2011

Court Officers

Regent	Sheila Graham 286 High School Council Bluffs, Iowa 51503 sheilabarak@hotmail.com 712.256.0195
Vice Regent	Dola Mehsling
Recording Secretary	Carol Hollenbeck
Financial Secretary	Sue Thomas
Treasurer	Mariann Hilderbrand
Chaplain	Father Chuck Kottas
District Deputy	Terri Dynek

Newsletter/Website Editor

Sheila Graham	286 High School Council Bluffs, Iowa 51503 sheilabarak@hotmail.com
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Website

www.cda330.org

Special features: volunteer spotlight, newsletters, Woman of Strength Saint of the month, charitable projects, news and events and a fun photo gallery!



Autumn Schedule of Events

Sep 12	Mass: Dinner: Dinner Chairs: Project:	St. Peter's church St. Peter's Social Hall Marcella Lee and Irene Schlautman CDA Sunday celebration	5:15 pm 6:00 pm NOT A POTLUCK
Sep 24	State Workshop:	Marcus, Iowa	10:00 am—3:00 pm
Oct 2	CDA Sunday/LifeChain Mass Reception to follow in their hall	Our Lady of Carter Lake	9:30 am
Oct 10	Dinner: Project: RSVP:	Tish's Restaurant Memorial Mass by October 1 - to Sheila	6:00 pm 712-256-0195
Nov 14	Memorial Mass: Dinner: Dinner Chairs: Project:	St. Peter's church St. Peter's Social Hall Jan Roth and Dolores Witters Christmas party	5:15 pm 6:00 pm NOT A POTLUCK



Mission: Catholic Daughters of the Americas strives to embrace the principles of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all mankind.

Motto: Unity and Charity

Purpose: As the largest organization of Catholic women in the Americas and founded through the Knights of Columbus Catholic men's organization, our purpose is to participate in the religious, charitable and educational Apostolates of the Church.

SAINT ROSALIE
 WOMAN OF STRENGTH,
 COURAGE, CONVICTION & MISSION
 PATRON SAINT OF PALERMO, ITALY

Regent Review:
 Sheila Graham



FEAST DAY: SEPTEMBER 4
 BORN: AROUND 1130 AD
 DIED: 1160 AD
 CANONIZED: 1625

SHE PRACTICED GREAT PENANCES
 AND LIVED IN
 CONSTANT COMMUNION WITH GOD.

District Deputy:
 Terri Dynek

Dear members,
 Who are the Catholic Daughters? What makes us special? Why do we choose to belong to this group?
 I have been doing a lot of talking and listening to try to figure out the answers to these questions in my work on the state of Iowa website and recruitment ideas for our own court. Sometimes it seems as if we are just a group of women who get together for dinner and a meeting. But we are more, so much more than that! We are a spiritual, charitable organization of Catholic women who care. We care about our families, our friends, our parishes, our communities, our world. We care and we take action. We raise funds to donate to organizations that help the needy. We support organizations that are pro-life and have a Catholic mission to serve and to help. We personally volunteer our time and talent to reach out to individuals who have nowhere to turn. We care as Jesus cared. And that is our strength. Thank you for choosing to be a member of Catholic Daughters. Thank you for your caring and your strength.

A note about our dinner meetings: we are changing the way we do this now. The committee will have \$50 to spend on the entire meal plus whatever the committee members prepare themselves. Those attending dinner will not need to bring anything but are encouraged to donate.

In Unity and Charity, Sheila

Dear members,
 Who can be members of the Catholic Daughters of the Americas? Any young lady above the age of 18 who is Catholic. So who can you ask to join? Let's ask our mothers, mother-in-laws, daughters, daughters-in-laws, sisters, sister-in-laws, friends and most importantly any new member of your parish. On CDA Sunday, October 16, have someone at each Mass to pass out information about the Catholic Daughters and invite them to your next meeting. Make sure you get their name, phone number or address, so you can invite them to your court's next meeting. Or have a flyer made up and put in your parish bulletin with short history of Catholic Daughters, your court and invitation to your next meeting with a contact number. Ladies, let's go out and find new members to keep our courts growing!



Happy Membership Anniversary!

Mary Moran	9/11/2000
Linda Spencer	9/12/1994
Connie Kriegler	9/13/2004
Jo Meade	9/13/2004
Mary Roush	9/13/2004

Mary E Sealock	10/10/1995
Mary L Sealock	10/10/1995
Katie Thompson	10/10/1995
Luana Paluka	10/11/1953
Anita Ruffner	10/11/1953
Reva Leuck	10/11/1976
Elaine Nugent	10/11/1976
Maxine Whelchel	10/11/1999
Charlotte Spoto	10/12/1998
Maxine Gotto	10/12/2009
Dolores Witters	10/12/2009
Darlene Morrow	10/31/1954
Margaret Mulvihill	10/31/1954
Mary Tedesco	10/31/1954

Mary Alice Wickham	11/2/1969
Josephine Goeser	11/3/1957
Helen Dixon	11/6/1955
Evelyn Seidler	11/6/1955
Bernice Ronk	11/6/1966
Rose Spoto	11/8/1959
Jean Palensky	11/8/1971
Maria Hurd	11/8/2004
Shirley Thomsen	11/8/2004
Kris Jarecki	11/10/2008
Judy Lookabill	11/10/2008
Marie O'Neill	11/11/1953
Marcella Lee	11/12/1967
Mary Meloy	11/12/1967
Joan Goeser	11/13/2006
Josephine Garafalo	11/14/1943



Happy Birthday!

SEPTEMBER	
1	Bernice Ronk
5	Jo Garafalo
7	Sue Thomas
14	Mary E Sealock
28	Charlotte Spoto
29	Mariann Hilderbrand

OCTOBER	
2	Helen Dixon
6	Angela Cash
8	Jo Meade
9	Judy Mendel
17	Margaret Mulvihill
25	Yvonne Hanneman
26	Irene Friesen

NOVEMBER	
18	Darlene Morrow
22	Sheila Graham

PLEASE JOIN US!!! We would love to have you as a member of this spiritual charitable organization!
 For more information call Regent Sheila Graham
 712-256-0195 or email sheilabarak@hotmail.com.



CDA Sunday/Life Chain

Theme: With God all things are possible!

Mass and Reception for Membership Recruitment

Date: Sunday, October 2

Mass: Our Lady of Carter Lake

Time: 9:30 am

Reception: follows Mass in their hall

Everyone is encouraged to attend in our celebration of CDA Sunday and to meet the women of the parish. We will also have some prayer time for our pro-life intentions in conjunction with Life Chain.

Life Chain: Broadway 1:00-3:00 pm



Memorial Mass for Deceased Members

Date: Monday, November 14

Mass: St. Peter's Church

Time: 5:15 pm

This year we honor our lost sisters:

Charlotte Snook January 20, 2011

Ethel Stageman January 27, 2011

Eunice Ott March 31, 2011



Sep 12 Meeting

Chair: Marcella Lee
Chair: Irene Schlautman

Yvonne Hanneman
Maria Hurd
Mary Roush
Charlotte Spoto

Nov 14 Meeting

Chair: Jan Roth
Chair: Dolores Witters

Maxine Gotto
Joan Gubbels
Luana Paluka
Katie Thompson

2011-2012 COMMITTEES

AUDIT

JEANETTE BOWEN
ELAINE NUGENT
LINDA SPENCER

CHARITABLE PROJECTS

LINDA SPENCER & PAT MCGINN

SALAD LUNCH

LINDA SPENCER, PAT MCGINN, CAROL HOLLENBECK

LENTEN RAFFLE

(NEEDED)

COMMUNICATIONS

MARY ALICE WICKHAM
JUDY LOOKABILL
IRENE SCHLAUTMAN
MAXINE GOTTO
CHARLOTTE SPOTO

COMMUNITY

KRIS JARECKI & SALLY MCKENNA

FUND RAISING

MARIANN HILDERBRAND

PARISH CENTER REP: CARTER LAKE

(NEEDED)

PARISH CENTER REP: HOLY FAMILY

ELAINE NUGENT

PARISH CENTER REP: QUEENS

JEANETTE BOWEN

PARISH REP: ST. PATRICK

JUDY LOOKABILL

PARISH REP: ST. PETER

YVONNE HANNEMAN

PAST REGENTS

YVONNE HANNEMAN	JAN ROTH
JEANETTE BOWEN	ELAINE NUGENT
IRENE FRIESEN	JO GARAFALO
ALICE REIMAN	EVELYN SEIDLER
MARIANN HILDERBRAND	

PROGRAM

DOLA MEHSLING & SHEILA GRAHAM

PUBLIC RELATIONS

SHEILA GRAHAM & CAROL HOLLENBECK

RECRUITMENT

SUE THOMAS & PAM RATIGAN

SERVICE TO OUR SHUT-INS

JEAN PALENSKY

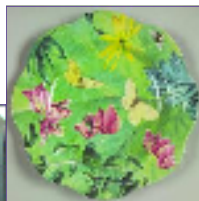
SPIRITUAL ENHANCEMENT

MARCELLA LEE & JAN ROTH

YOUTH

TERESA KOCH & MARIANN HILDERBRAND

Fund Raising Projects



Salad Lunch: Grab a Plate and Join us!

We held our annual salad luncheon fund raiser on July 13 in St. Peter's Social Hall.

Again, the Salad Luncheon was another success. We served close to 200 people and made over \$1100! Raffle proceeds were over \$200. These funds go toward our Charitable Projects donations.

I want to thank everyone who helped set up, clean up, make salads, cookies and bars and work the day of the luncheon.

I also want to thank all of you who helped get the flyers distributed and helped with getting the article in The Daily Nonpareil.

Thanks to those who donated items for the raffle and to those who worked on ticket sales. Without all your help, we would not have had such a great success. You are great group to work with and the teamwork demonstrated is amazing.

If you have any suggestions for next year, please let Linda know.

Raffle winners were Mariann Hilderbrand, Margaret Darnell and Demi Cloyd.

Thanks again for all your teamwork,
Linda Spencer, Salad Lunch Chair

A special thank you to Linda for her valiant effort coordinating this wonderful event for us!

Community Projects

Corpus Christi Walk

The Corpus Christi Walk was held on June 26. Many members of our court marched representing CDA.

The feast of Corpus Christi commemorates the institution of the Eucharist. Corpus Christi is one time when our Lord in the Blessed Sacrament is exposed not just to faithful Catholics but to all the world. This is a time when Catholics can show their love for Christ in the Real Presence by honoring Him in a very public way. It is also a wonderful way in which we can show our love for our neighbors by bringing Our Lord and Savior closer to them. So many conversions are a result of Eucharistic Adoration experienced from inside the Church.

Charitable Projects

Phoenix House Clean Up

Dola Mehsling, Sue Thomas, Jean Palensky, Mary Alice Wickham and Sheila Graham volunteered a Saturday morning in June to clean and disinfect the toys in the Phoenix House Domestic Violence Shelter. The ladies then presented our Life Saver drive check of over \$700 to Diane McKee, director. The Life Saver project to help support Domestic Violence awareness programs in Iowa is a state of Iowa Catholic Daughters charitable project.

HAPPY AUTUMN



Thank You to Vice Regent for Generosity

Dola Mehsling, winner of our Lenten raffle prize of the statue of Jesus with the children, has offered to donate the prize to Gabriel's Corner for their worship space. A plaque has been placed on the statue with our court name as donor "in honor of life." Presentation of the gift was made to representatives of Gabriel's Corner at our August meeting.

Learn more about them: www.GabrielsCorner.com



Elaine Nugent

Elaine grew up in Fort Dodge, Iowa with two sisters and one brother. She moved to Council Bluffs in 1945 and married her husband Don (Bob) Nugent in 1950. She and her husband shared many years of travel and adventure together. Camping, boating, and water skiing on the Missouri River were frequent activities for the Nugents. They also belonged to a square dancing group.

From April until November they traveled the country by motorcycle. With "Heaven's Angels" they biked the New England states, through the Smokey Mountains and up into Canada twice. They rode to the Kentucky Derby in Louisville and all the way down to College Station, TX for an Iowa State Game. Speaking of Iowa State....Elaine says that she is still "Clone to the Bone." For a stretch of nearly thirty years Elaine and her husband attended every single Iowa State Football game (both Home and Away games) and of course the bowl games. Elaine's license plate says it all... **BE 4 ISU**.

Don Nugent passed away in 1996. Elaine feels fortunate to have "so many wonderful memories" of their times together. She also feels she was blessed with three very special dogs, Pepper, Heidi and Misty, who all lived into old age. These days Elaine spends much of her time "spoiling" her ten nieces and nephews, fifteen greats and seven great-great nieces and nephews. She fills lots of envelopes for graduations, birthdays, weddings, baby showers and makes frequent trips back to Fort Dodge for their special occasions. She is available for babysitting too!

Elaine is a member of long standing at Holy Family Catholic Church where she belongs to the Rosary Society, the Ministry of Praise and serves as co-chair for all funeral dinners. She is a member of the Mission Guild and for about thirteen years she has been rolling bandages, made from strips of sheets. These bandages are then sent to countries of the world in need of medical supplies. Just imagine how many lives have been touched by the dedication of the women in that group!

Elaine joined the Catholic Daughters Court St. Anthony in 1976. She has held every leadership office, with the exception of Treasurer, some more than once. She served a three year term as State Financial Secretary of Iowa CDA. She said that office required "a lot of traveling." She attended a National CDA convention in Tacoma, Washington representing our court. Elaine said she has most enjoyed attending CDA workshops as well as the conventions. "You get involved and learn so much." She would like to see "more members get involved" by taking advantage of the workshops and other meetings that are offered.

These days Elaine is still on-the-go. Recently, she attended the State Convention of CDA with our Regent and Vice-Regent. She enjoys practicing a martial art called Tai Chi with ladies from what will soon be the Corpus Christi parish. She attends a breakfast group once a month to stay in touch with her friends from boating, motorcycling and square dancing. She is still racking up mileage as she makes "Elaine's Taxi" available for several ladies that she takes to doctor appointments, the grocery store, or wherever they need to go. Elaine is a Catholic Daughter who uses every ounce of energy she has to gladly serve others. She is always at work in our court, her church and the community. We thank her for her service, dedication and caring.

"She reaches out her hands to the poor, and extends her arms to the needy...let her works praise her." Proverbs 31:20,31

Written by Carol Hollenbeck, secretary



Catholic Daughters of the Americas

Court St. Anthony #330
286 High School Avenue
Council Bluffs, Iowa 51503



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Iowa Regent: Rose Holschlag
502 W. Hamilton St.
New Hampton, IA 50659
(954) 579-7794
randrholschlag@earthlink.net
www.IowaCatholicDaughters.org

Our state newspaper, "The Voice" won first place in our division at the National level of the contest!

State Workshop: Saturday, September 24, Marcus, Iowa
Registration: 9:00 am Meeting: 10:00am to 3:00 pm
Cost: \$10 each covers lunch
Please pre-register with Sheila Graham 712-256-0195.
We can carpool to the workshop.

State of Iowa Catholic Daughters now has a website!
Please visit www.IowaCatholicDaughters.org for information and resources. Our regent, Sheila Graham, is the website designer and webmaster. This is a wonderful tool for all CDA members and officers. Check it frequently for updates.



Nat. Regent: Joanne Tomassi
10 West 71st Street
New York, NY 10023
(212) 877-3041
CDofANatl@aol.com
www.CatholicDaughters.org

Watch for more information about the National Convention which will be held in Omaha in July 2012.

We may have a chance to help the Nebraska courts on this!

Catholic Ways of Celebrating Thanksgiving

Taken from Gisela Chavez, eHow

Although Thanksgiving is not an official Catholic holiday, you can bring elements of your Catholic faith into the celebration. Giving thanks to God and showing gratitude for all of your blessings are traditional elements of Thanksgiving that can add to a Catholic dinner celebration. With Catholic prayers and customs, you can make Thanksgiving a Catholic celebration for your family.

Participate in a day of fasting before indulging in a traditional large Thanksgiving meal to remind yourself that you're blessed with ample food in your life.

Say Catholic prayers together as a family before eating a Thanksgiving dinner.

As a family, volunteer at a local soup kitchen or homeless shelter and give to those who are less fortunate. You can also get involved with your church and host a Thanksgiving dinner at a homeless shelter.



O Gracious God, we give you thanks for your overflowing generosity to us. Thank you for the blessings of the food we eat and especially for this feast today. Thank you for our home and family and friends, especially for the presence of those gathered here. Thank

you for our health, our work and our play. Please send help to those who are hungry, alone, sick and suffering war and violence. Open our hearts to your love. We ask your blessing through Christ your son. Amen.

From Celebrating Faith: Year-round Activities For Catholic Families, by Mary Cronk Farrell